



CREATING SAFE COMMUNITIES

# TWO - DAY BASIC PEER SUPPORT TRAINING

IN PARTNERSHIP WITH THE FULLERTON POLICE DEPARTMENT

Embassy Consulting Services and Heather Williams, PsyD., have been approved by the California Firefighter Joint Apprenticeship Committee to train fire service personnel that meet the requirements of AB 1116, the California Firefighter Peer Support and Crisis Referral Services Act.

This course is designed to provide public safety peer support team members with the basic knowledge and skills necessary to provide support, guidance, and resources to their peers during difficult times in their personal and professional lives.

Topics will include:

- Stress, Burnout, and Anger
- Traumas of public safety
- Trauma listening
- Crisis intervention
- Relationship stress and infidelity
- Death and traumatic loss
- Mental health issues such as depression, anxiety, & PTSD
- Line of duty deaths
- Public safety suicide
- Organizational stress & toxic personalities
- Substance abuse
- Building resiliency in members of peer support

## PRESENTER



### HEATHER WILLIAMS, PSYD.

*Consultant, Embassy Consulting Services  
Owner, Premier First Responder Psychological Services*

After spending 5 years with the Orange County Sheriff's Department as the Regional Peer Support Coordinator, Heather elected to take her passion to another level and, in 2019, established Premier First Responder Psychological Services. In 2023, she acquired Coherence Associates, located in Carlsbad, CA. As a licensed psychologist, Heather provides culturally competent services to individuals and couples working in public safety. Additionally, Heather assists departments in developing and sustaining peer support programs, provides consultation and 24/7 critical incident response, facilitates a 2-step model of critical incident debriefing, and provides personalized training on several topics.



### DATE

April 28, 2025 &  
April 29, 2025



### TIME

8:00 am – 5:00 pm



### COST

\$300.00



### LOCATION

Fullerton Library  
Conference Center  
353 W. Commonwealth Ave.  
Fullerton, CA 92832

### EMBASSY STRATEGIC PARTNER



### STC CERTIFIED

01577038

### POST CERTIFIED

1083-22639-24

### REGISTER ONLINE

SCAN THE QR CODE TO REGISTER!

OR VISIT

[EMBASSYCONSULTINGSERVICES.COM](http://EMBASSYCONSULTINGSERVICES.COM)



Embassy Consulting Services training seminars are not open to the general public. Embassy reserves the right to restrict or deny enrollment or access to any individual.

\*No refunds, however substitutions will be permitted.

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